# Equality, Human Rights and Fairer Scotland Duty Impact Assessment Stage 3



## **Analysis of findings and recommendations**

## **Hospital at Home**

Please detail a summary of the purpose of the proposal being developed or reviewed including the aims, objectives and intended outcomes

In recent years, healthcare professionals have been considering new ways to respond to the acute care needs of older people with frailty and other long-term conditions. Urgent care is needed but hospitals bring risks for older people as well as benefits, and community-based alternatives are increasingly being explored. This has resulted in a shift in focus within the NHS and internationally towards providing hospital-level care in a person's home environment. This service is generally referred to as "Hospital at Home" and is a short-term intervention providing acute care of a level comparable with that provided in a conventional hospital. It is not the same as case management of chronic conditions but can work with this type of service to assist in the management of exacerbations of those conditions.

Across Scotland, Health Boards have developed this service to provide care in this form. The care is recognised to be safe and cost effective, and popular with patients and staff. It can provide an alternative to admission for selected patients and (once scaled up) can relieve some pressure on acute services, though only in some areas has it been shown to facilitate closure of inpatient beds.

The pilot will implement a Hospital at Home in NHS Border to understand how to gain the maximum benefits for the patients, how to assist with hospital pressures and how to implement the service so that it is operationally efficient- processes, procedures, sustainability.

Section 1: Equality Act 2010 – Relevant Protected Characteristics as identified in Stage 1 or during Stage 2

Protected Characteristic	Equality Duty	What impact and or difference will the proposal have	Measures to evaluate/mitigating actions
Age	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	Hospital at Home is uniquely designed and planned with a person-centred approach. Hospital at Home assessments takes into account individual preferences, capabilities, and independence. Therefore ensuring that people are treated with dignity and respect.	Hospital at Home reporting dashboard monitors admission by age.
	Advancing equality of opportunity	Hospital at Home assessments criteria will ensure that the care package is designed to meet the unique requirements of each individual, enabling older people to live in their own home with their loved ones.	Hospital at Home reporting dashboard monitors admission by age.  Analysis of patient feedback forms.
	Fostering good relations by reducing prejudice and promoting understanding	Hospital at Home associated communication leaflets have been designed to promote that this service is designed to meet needs and not explicitly for people over the age 65+.	Feedback mechanisms will be analysed as a way of identifying any unintended discriminatory practice.  This will allow for prompt action and resolution, fostering an environment of inclusivity and eliminating any harmful practices or biases.
Disability	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	Hospital at Home is an inclusive service, that results in a more tailored service for patients because of reasonable adjustments and taking an agile/flexible approach to patient care.	Ensure our Patient Management System is up to date with knowledge about patient communication needs and capacities. It is not possible with the current data set to clearly capture and report on individuals with disabilities, however case notes and be reviewed retrospectively and daily huddles discussions include the review of

	Advancing equality of opportunity	For people with disabilities, long-term conditions, or frailty, Hospital at Home offers several benefits. Patients can maintain their independence by living in familiar surroundings, where they have established support networks and access to community resources. This helps to preserve their sense of identify and autonomy while receiving the necessary care and assistance tailored to their specific needs.  Allowing individuals to be treated in the comfort of their own home environment which may be a more appropriate and	individual care – recognise each patient care and/or enhanced care needs  We will engage with learning disability groups within the local community to ensure that people with learning
		familiar setting, Hospital at Home complements the person-centred approach.  The Hospital at Home model of care provides the time to go over key information to help people with learning disabilities to make informed decisions.	disabilities are aware of what the Hospital at Home service is.
	Fostering good relations by reducing prejudice and promoting understanding	Hospital at Home associated communication leaflets have been designed to promote that this service is designed to meet needs including those of disabled people.	Feedback mechanisms will be analysed as a way of identifying any unintended discriminatory practice.  This will allow for prompt action and resolution, fostering an environment of inclusivity and eliminating any harmful practices or biases.
Gender Reassignment	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	By supporting people at home, the service can be beneficial to those who feel any perceived risks as a result of gender	We will link with Gender Reassignment groups to understand what adjustments

		reassignment by providing the flexibility to schedule appointments or access healthcare.	may be required and we will train our staff to be aware of these.  Investigating if our Patient Management System can support gender identification and use of pronouns
	Advancing equality of opportunity	Being in a familiar environment can reduce stress and contribute to a sense of safety	We will listen to our community representatives and the voices of those with lived experience to ensure our services meet the needs of people undergoing gender reassignment recognising that they may require service adjustments sensitive to these.
	Fostering good relations by reducing prejudice and promoting understanding	None identified at this time	Feedback mechanisms will be analysed as a way of identifying any unintended discriminatory practice.  This will allow for prompt action and resolution, fostering an environment of inclusivity and eliminating any harmful practices or biases.  Staff and caregivers will be trained on appropriate use of pronouns and questions through training.
Marriage and Civil Partnership	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	None identified at this stage	None identified at this stage

	Advancing equality of opportunity	None identified at this stage	None identified at this stage
	Fostering good relations by reducing prejudice and promoting understanding	None identified at this stage	None identified at this stage
Pregnancy and Maternity	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	None identified at this stage	None identified at this stage
	Advancing equality of opportunity	None identified at this stage	None identified at this stage
	Fostering good relations by reducing prejudice and promoting understanding	None identified at this stage	None identified at this stage
Race	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	Hospital at Home care delivery will be designed to meet the specific medication and care needs of individuals.	Ensuring communication and information is available in different languages.
	Advancing equality of opportunity		Staff will be made aware of the sensitivities relating to explaining some health issues, for example, mental health issues or sexual health issues.
	Fostering good relations by reducing prejudice and promoting understanding		We will listen to our community representatives and the voices of those with lived experience to ensure our services meet the individual needs of people recognising that some Races have a higher incidence of certain diseases.
Religion & Belief including non- belief	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	Individuals will co-produce a care plan that meets their religious requirements e.g. times of worship, religious-based dietary requirements, cultural awareness and sensitives e.g., providing hygienic shoe covers to enable entry to house	Staff awareness programme

	Advancing equality of opportunity	Hospital at Home enables individuals to continue practice more fully their religious beliefs.	None identified
	Fostering good relations by reducing prejudice and promoting understanding	We will listen to our community representatives and the voices of those with lived experience to ensure our services meet the needs of people regardless of religion and belief.	Feedback mechanisms will be analysed as a way of identifying any unintended discriminatory practice.  This will allow for prompt action and resolution, fostering an environment of inclusivity and eliminating any harmful practices or biases.  We will link with representatives of the relevant religious and faith communities in Scottish Borders to educate and gather feedback to help inform our thinking in this respect.  Hospital at Home staff are trained to have cultural competence, compassion, and sensitivity, ensuring that care is provided in
			a respectful and non-discriminatory manner. This helps foster trust and a positive relationship between the patient and their care providers.
Gender (Sex)	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	Hospital at Home enables the individual to present in their preferred gender and not to conform with hospital admission criteria.	Investigating if our Patient Management System can support gender identification and use of pronouns
	Advancing equality of opportunity	Hospital at Home enables the individual to present in their preferred gender and not to conform with hospital admission criteria.	Staff will be made aware of the sensitivities surrounding gender

	Fostering good relations by reducing prejudice and promoting understanding	Individuals will co-produce a care plan that recognises their gender preferences and document sensitives around care giving.	Analysis of patient feedback forms.  Feedback mechanisms will be analysed as a way of identifying any unintended discriminatory practice.  This will allow for prompt action and resolution, fostering an environment of
			inclusivity and eliminating any harmful practices or biases
Sexual Orientation	Eliminating discrimination, harassment, victimisation, or any other prohibited conduct	None identified at this stage	We are still to meet with representatives of the LGBTQ+ communities in Scottish Borders to educate and gather feedback to help inform our thinking in this respect.
	Advancing equality of opportunity	None identified at this stage	We are still to meet with representatives of the LGBTQ+ communities in Scottish Borders to educate and gather feedback to help inform our thinking in this respect.
	Fostering good relations by reducing prejudice and promoting understanding	None identified at this stage	We are still to meet with representatives of the LGBTQ+ communities in Scottish Borders to educate and gather feedback to help inform our thinking in this respect.

Section 2: Equality and Human Rights Measurement Framework Human—Reference those identified in Stage 1 (remove those that do not apply)

Domain	Indicator	Enhancing or Infringing	Impact and or difference will the proposal have	Measures to evaluate/mitigating actions
Education	Higher education and lifelong learning	Enhancing	The proposal will allow those to continue attendance of education without unnecessary interruption. It allows them to receive necessary medical care while still being able to attend classes or study from home.  Enables individuals with disabilities or chronic illnesses to actively participate in higher education or lifelong learning. They would not be restricted to the physical limitations of hospital settings, promoting inclusion and equal opportunities for education.	Feedback from patients will focus on accessibility, inclusivity, autonomy, and flexibility that the service has offered.
			Patients can engage in educational activities at their own pace and convenience, preserving their dignity and autonomy throughout the treatment process.	
			Overall, the flexibility of the service empowers patients to balance their educational commitments and medical treatment effectively.	
Work	Employment Earnings	Enhancing	The proposal will allow people who work from receive necessary medical care while still being able to work. This empowers patients to balance work/life commitments and medical treatment effectively.	Feedback from patients will focus on accessibility, inclusivity, autonomy, and flexibility that the service has offered.

		Infringing	An unpaid carer in paid employment may be negatively affected if they are required to support the patient at home while treatment is provided.	Part of the assessment for Hospital at Home eligibility is a conversation with the individual, family and/or non-paid carer. It is important prior to admission to fully understand the impacts treatment in a home may have.
Living Standards	Poverty Housing Social Care	Enhancing	Enables people to stay at home to.  The service will also be able to signpost and refer people they are caring for to community based services.	We will ensure safeguarding is in place such as researching into how food is provided to patients who need it prior to referring a patient to the Hospital at Home service.  We will work with other community services such as social work to ensure patients are able to access the Hospital at Home service.  We will utilise the Integrated Joint Board needs assessment to understand the needs of patient.  We will tap into poverty related third sector to support patients access care in their homes. We will aim to deliver person-centred service in response to need.

				Hospital at Home is aware of possible fluid accommodation arrangements so the Hospital at Home service will develop a way of being flexible to meet the needs of potential patients, especially as patients may be in non-residential setting eg hotels
Health	Social Care Health outcomes Access to health care Mental health	Enhancing	By enabling individuals to remain in their homes or community settings, Hospital at Home helps minimise the disruption and negative impact associated with institutional care. This can lead to improved mental wellbeing, reduced stress, and enhanced social connections, as individuals are able to maintain their social interactions and engagement within their communities.  The majority of unpaid carers are women and by using Hospital at Home will enable women to continue in their care-giving role	Staff who are treating patients in their home will be able to signpost to appropriate community support services provided by third sector.  Admission with no onward referral to inpatient services  Through patient feedback surveys that Hospital at Home staff provide during visits.
		Infringing	Non-paid carers that may benefit from temporary respite from an acute hospital stay, may be negatively impacted by having to look after their loved ones at home.	
Justice and Personal Security	Hate crime, homicides and sexual/domestic abuse	Enhancing	Hospital at Home may provide a service in a setting that has domestic abuse which may endanger the patients themselves or the nonpaid carer in their home. Quality and ability of the service may also be impacted. As nurses are trained to recognize signs of domestic	We will ensure safeguards are in place for patients/ respond quickly if any gender-based violence occurs.

			abuse in the home, they will be able to raise concerns via the adult protection process.	Safer community documents are shared from community groups.
Participation	Access to services Social and community cohesion* Family Life*	Enhancing	By enabling individuals to remain in their homes or community settings, Hospital at Home helps minimise the disruption and negative impact associated with institutional care. This can lead to improved mental wellbeing, reduced stress, and enhanced social connections, as individuals are able to maintain their social interactions and engagement within their communities.	Through patient feedback surveys that Hospital at Home staff provide during visits.

## **Section 3: Fairer Scotland Duty**

Identify changes to the strategic programme/proposal/decision to be made to reduce negative impacts on equality of outcome and or improving health inequalities	Updating Information Pack's Q&A with additional details around accessing equipment Recognising the cultural and religious sensitivity aspects of treating a patient in their home through training
	As the proposal is in a test to change cycle for an additional 6 months the team will be constantly reviewing and assessing changes that can be made to reduce impact and improve health inequalities.
Identify the opportunities the strategic programme/proposal/decision provides to reduce or further reduce inequalities of outcome and or improving health inequalities	Hospital at Home can enhance access to health care for patients who may face barriers such as transportation difficulties, socioeconomic challenges, or living in remote areas. By bring the necessary care directly to patients' homes, Hospital at Home can bridge the gap an ensure equitable access for all individuals, reducing inequalities in outcomes.
	Hospital at Home enables clinicians/ health care professionals to intervene promptly when patients' conditions require medical attention. This timely intervention can prevent exacerbation of illnesses and reduce the likelihood of complications, improving health outcomes and narrowing health inequalities caused by delayed or inadequate treatment.

Care is tailored to individual needs. This approach can address health inequalities by acknowledging and accommodating patients' specific circumstances, cultural backgrounds, and preferences. Carers don't have to travel to hospital and care packages will remain the same for patients.

Hospital at Home service facilitate better continuity of care by enhancing communication and coordination between health and social care providers, leading to more streamlined and holistic care – this is particularly important for those with complex medical conditions or multiple health care needs, reducing health inequalities.

By providing patients with information, resources, and support to manage their conditions effectively, the services can empower individuals to take control of their health, reducing health inequalities associated with knowledge gaps or limited literacy.

### Section 4: Are there any negative impacts with no identified mitigating actions? If yes, please detail these below:

Not Applicable

## Section 5: Equality, Human Rights & Fairer Scotland Duty Impact Assessment Recommendations

What recommendations were identified during the impact assessment process:

Recommendation	Recommendation owned by:	Date recommendation will be implemented by	Review Date
	(Name and job title)		
Analysing feedback forms to gather relevant information under Fairly Scotland Duty	Cathy Wilson, GM	31/01/2024	TBD after evaluation of TOC
Review easy read material – adapted from learning from Hospital at Home pilot	Cathy Wilson, GM	31/01/2024	TBD after evaluation of TOC
Staff training on cultural and social sensitivities	Hospital at Home Clinical Team Lead	31/01/2024	TBD after evaluation of TOC
Establish list of community services for signposting	Hospital at Home Administrator	31/01/2024	TBD after evaluation of TOC
Codesign patient leaflet	Hospital at Home Clinical Team Lead	31/01/2024	TBD after evaluation of TOC
Investigation Patient Management system for recording of additional characteristics	Hospital at Home Administrator	31/01/2024	TBD after evaluation of TOC
Continuing active engagement with representatives of LGBTQA+; religious and faith, Race and people undergoing gender reassignment	Cathy Wilson, GM	31/01/2024	TBD after evaluation of TOC

#### **Section 6: Monitoring Impact – Internal Verification of Outcomes**

How will you monitor the impact this proposal affects different groups, including people with protected characteristics?

Monthly Hospital at Home Reporting Sub-Group

Analysis of data to see if there are any variances between the protected characteristics

Through patient feedback surveys that Hospital at Home staff provide during visits

Continuous engagement with community representatives to gather feedback to help inform our thinking and develop our service

#### Section 7: Procured, Tendered or Commissioned Services (SSPSED)

Is any par/t of this policy/service to be carried out wholly or partly by contactors and if so, how will equality, human rights including children's rights and the Fairer Scotland duties be addressed?

No

#### **Section 8: Communication Plan (SSPSED)**

Please provide a summary of the communication plan which details how the information about this policy/service to young people, those with a visual or hearing sensory impairment, difficulty with reading or numbers, learning difficulties or English as a second language will be communicated.

Our Public Health team has recently joined us for collaborative working to ensure that any communication plans are communicated in a way that supports young people, those with a visual or hearing sensory impairment, difficulty with reading or numbers, learning difficulties or English as a second language.

Easy read material will be provided for those who request it and communication awareness with staff to understand the challenges.

## **Signed Off By:**

**Cathy Wilson, General Manager of Primary and Community Services** 

Date: 13/09/23